



Treatment Options



Let's Talk Treatment Options empowers you with information and questions about cancer treatment to share with your healthcare provider.

It's a web-based tool that helps you organize your thoughts about your:

- **situation**
- **support network**
- **options**
- **goals**

You can use this tool to prepare for conversations with your doctor to help make the treatment decisions that are right for you.

To learn more, go to:

TalkingTreatment.org

Let's Talk Treatment Options is a collaboration of organizations, Anthem Inc., Cancer Support Community, and Genentech, committed to empowering individuals and shared decision-making.



Let's Talk Treatment Options involves six simple steps to help you prepare for your next appointment:



Step 1: My Situation

Think about any questions, thoughts, or concerns you have about your diagnosis.



Step 2: My Options

Before your next doctor's appointment, you may want to learn more about your treatment options. This step will help you organize and record your thoughts.



Step 3: My Support

Make a list of the people who may help you during treatment. Are there support groups in your area? Do you have another doctor whom you should keep in the loop?



Step 4: My Goals

Think about your goals and write down what matters most to you. Perhaps it's family time or activities like hiking or playing the piano.



Step 5: My Other Questions and Concerns

Think about other key questions and concerns you may have. Double-check your list to be sure it includes the questions and comments that are most important to you.



Step 6: My List

Helps you think through what you know, what you need to know, and what your doctor needs to know. You can create a list of questions and concerns to discuss at your next appointment.

Together, you and your doctor will be able to make the treatment decisions that are right for you.



Let's get started by going to:

TalkingTreatment.org

Let's Talk Treatment Options is a group of organizations including Anthem Inc., Cancer Support Community, and Genentech that are committed to empowering you to be involved in the decision-making process.